

# **Hudson Valley Admirals Youth Football & Cheer**

www.HudsonValleyAdmirals.com



#### WELCOME TO THE HUDSON VALLEY ADMIRALS!

Please read the following message in its entirety. It contains important information in regards to completing your registration.

We require the following hard-copy documents:

#### 1. Wallet Size Photo of Player

#### 2. HVA Registration Packet

Questionnaire
Participation Tracking and ID Card (1 of 2 Pages)
Participation Tracking and ID Card (2 of 2 Pages)
Emergency Medical Treatment, Consent and Information
Medical Clearance Form
Image Release - Minor
Athletic Waiver and Release of Liability
Concussion Awareness Waiver
Code of Conduct

#### 3. Birth Certificate

#### 4. 4th Quarter Report Card (Must Contain all 4 Quarters: Due by July 15<sup>th</sup>)

The Medical Clearance Form must be dated after January 1st of the current season, signed and stamped by your child's pediatrician. We cannot accept a Physical or your Pediatrician's forms. It must be our signed Medical Clearance Form.

Please make sure that all fields, on all documents are completed. Do not leave any blank fields.

Required documents can be submitted one of the following ways:

E-Mailed to HVARegistrar@gmail.com

Dropped off during an in-person registration (Dates to be announced)

Birth Certificate and 4th Quarter Report Cards are to be uploaded to the registration portal in a PDF format.

Account must be <u>paid in full</u> and <u>all required paperwork must be received</u> before your child will be able to participate in the season.

Be on the look-out for e-mails with important upcoming dates and information for the Season.

If you have any questions, please contact me directly at <a href="https://example.com">HVARegistrar@gmail.com</a>.

Looking forward to a great season!

Toniann Sampogna Registrar Hudson Valley Admirals HVARegistrar@gmail.com



# **Hudson Valley Admirals Youth Football & Cheer**

www.HudsonValleyAdmirals.com



# **Registration Questions**

Athlete Name:	Parent/Guardian E-Mail: CHEER OR FOOTBALL	
Returning Athlete	New Athlete: How did you hear about us?	
School District Information	Fundraising Information	
What school district do you live in?	There is one main fundraiser for the Football and Cheer season. Each athlet	te is
2. What school does your child attend?	responsible for raising a minimum of \$100 in sponsors. Sponsors can be a lobusiness, family member, neighbor, etc. All sponsor forms and payments are due by 8/1. Athletes that meet the minimum fundraising requirement will	
Athletes must reside within the following school of Arlington, Millbrook, or Dover	receive a \$75.00 discount toward their registration fee. Discount will be apply at the close of the fundraiser.	plied
Football Information	1. Will you be participating in the fundraiser? Yes or No	
Last Name that will appear on Jersey:	2. What is your child's T-Shirt Size?	
Age-Band	Please make sure to indicate Adult or Youth size Sponsor Forms are located on our website under Quick Links: Document	ts
2. Age on 7/31/2022:	Cheer Information	
Team assignment is based on age (not grade) per AYF's rules. Athleto register at the appropriate team level according to their age on 7/31 have your Athlete play one-level up. Final team placement is at the land will be determined based on registration numbers at each level	es are required to You may request to eague's discretion  Sizes will be used to fit Cheerleaders for their Uniforms Please make sure to indicate Adult or Youth	
3. Would you like your child to be placed on a waiting list to play one	e level up? Shirt Size: Skirt/Pants Size:	
Yes or No	Sneakers:	
All Equipment (including game pants, practice pants, practice jerse returned. A replacement fee will be applied to your account for any returned by January 1st. Initials:	I Cheer Unitorms must be returned. Δ replacement tee will be applied to your accou	nt if



# Participation, Tracking and ID Card - All-American Division



ASSOCIATION NAME - Hudson Valley Admirals

٨	Hudso	on Valley A	dmirals						
S S_	ASSOCIATION NAM	E			PLACE	РНОТО / Г	OMV / MILITAR	RY ID	
	DIVISION OF PLAY -	TEAM NAME					HERE		
I A	PARTICIPANT NAM	E			_				
   	JERSE	γ# Gra	AGE (7/3	31)					
N	PARTICIPANT PARE	NT/GUARDIAN NAME							
	HOME PHO	NE W	ORK PHONE	CELL PHONE	_				
	I, Hereby,	With My Signat Minimum, As	ture, Do Certify Tha	t The Informat YF National R	ion Below Has Been ( ulebook And/Or Oper	Collected And Vations Manuel,	erified By The Means Current Version.	s, As A	
				FFICIAL PLA	AYER CERTIFICATI	ON Association	\/         4	town (OTAMA)	
	Conference	verification Sig	gnature/STAMP	LEAG	UE USE ONLY	Associati	on Verification Signa	ture/STAMP	
	DATE OF BIRT  Month / Day / Ye	7/31	of GRADE / AGE CERTIFICATION	PARTICIPAN CONTRAC		WAIVER/ RELEASE	EMERGENCY MEDICAL / CONSENT	SCHOLASTICS	
		<u></u>	<u></u>	<u></u>			<u> </u>		<u>I</u>
		GAME DATE	PLAYER CHECK	CODE		GAME DATE	PLAYER CHECK	CODE	
R E	JAMBOREE				Week 11				P O
G U	Week 1				Week 12				s
L	Week 2				Week 13				T
A R	Week 3				Week 14				S
s	Week 4				Week 15				
Ε	Week 5				Week 16				S
A S	Week 6				Week 17				0   N
0	Week 7				Week 18				
N	Week 8				Week 19				
	Week 9				Week 20				
	Week 10				Week 21				

INSTRUCTIONS: PLAYER CHECK Will Enter Date, Verify The Identity, Of Each Participant, Initial Each Participant Card, CODE: OK = Everything Verified, I = Sick/Injured, A = Absent / Dropped

ALL MUST BE CHECKED IN / VERIFIED PLAYING OR NOT / ENTER DETAIL UNDER "CODE"

# **Participation Contract, Tracking and ID Card - Page 2**

Last Name First Name	Initia	l Preferred (nick) Name	
Street Address City / T	own	State Zip Code	Home Phone
Date Of Birth (M/D/YR) Age as of 7/31	Parent	/Guardian First Name	Parent/Guardian Last Name
Grade in Fall School in Fall	School Phone	Home Email Addre	ss
Medical Insurance (circle one) Name Of Insurance	Carrier	Policy	y #
YES / NO			
Football: Cheer:CHECK C	Registra	tion Fee: \$	Check# Cash:
	AREAS FOR OFFIC	AL USE ONLY!!	
Association: Hudson Valley Adm	irals <b>Div</b>	ision:	Team:
Jersey Numbe	er Assigned:	Equipment / Uniform	m Issued Returned
PERMISSION TO PARTICIPATE   acknowledge	that I am fully aware o	f the potential dangers	of participation in any sport
and I fully understand that participation in for PARALYSIS, PERMANANET DISABILITY A protective equipment does not prevent all pathereby give my approval for my child/ward to physician, and in my opinion, my child/ward Regional, National, League/Conference, Assets it is a large from the participation.	ND/OR DEATH. Furth rticipant injuries. I, the participate, and furth is physically fit and ca	nermore, I fully acknowle parent/guardian of the er assert that I have ver n participate without lim	edge and understand that above-named participant, do ified with my child/wards intation in any and all Local,
activities by a licensed driver.  SCHOLASTIC FITNESS			Initial:
I am of the opinion that my son/daughter/wa agree to submit a copy of my son/daughter/ written statement of scholastic fitness from the	ward's last completed	grade, end of year/last	rticipation in this program. I
HELMET WAIVER (for football participants)			Initial:
We acknowledge, AND WE understand the collision sport; the NOCSAE committee has parent/guardian and participant. DO NOT UTHIS IS IN VIOLATION OF FOOTBALL RUIPARALYSIS OR DEATH AND POSSIBLE IN INJURIES MAY ALSO OCCUR AS A RESUOR SPEAR, NO HELMET CAN PREVENT A	adopted the following SE THIS HELMET TO LES AND CAN RESU JJURY TO YOUR OP LT OF AN ACCIDENT	warning to be read by, and be read by and be read by, and be read by an and be read by an analysis of the read by an ana	and signed by, both the AR AN OPPOSING PLAYER, BRAIN OR NECK INJURY, RISK THAT THESE
EQUIPMENT UNIFORM RESPONSIBILITY		Parent/Guardian Initial:	Player Initial:
I assume full responsibility for any and all eq upon request, the uniform and other equipm If I fail to adhere to this policy, I will be respo CODE OF CONDUCT	ent in as good conditi	on as when received ex	cept for normal wear and tear.
The Ideology Of Youth Sports Including This Prog Sport. It Is Also Critical That Good Sportsmanship Positive Accord Both On And Off The Field. It Is I Ideology Will Not Be Tolerated. It Will Be Address National Affiliation, State and Local Laws, And Many Future Related Activities Of The Association Not Limited To, The Football Players, Cheerleade	o Including The Ability T Understood That Any Inc sed In Accordance With ay Result In Dismissal F This Code Of Conduct	o Always Conduct Oneselt cident Considered Detrime The Statutes Of The Asso rom The Program And The Applies To All Involved Wi	damental Knowledge Of The f In An Appropriate Manner Of ntal To The Pursuit Of This ciation, Conference, Current e Inability To Participate In
PRINT Parents/Guardian Name:	Parents/Guardian Si	gnature:	Date Signed:

**NOTE:** This form as with any and all forms used by your Association should be reviewed by your local counsel for compliance with any state or local statutes. This form should be kept on file for a minimum of 7 years.

# **Emergency Medical Treatment, Consent and Information**

The following information will be used in the event that a parent / legal guardian is not available. The purpose of this information is to provide a quick reference for medical personnel should the need arise. Please fill out this form completely. If a particular question is not applicable write "none", n/a, or other appropriate comment otherwise none will be assumed. If additional space is needed, please use the back of this form or attach additional pages as needed. All information disclosed here will be treated as confidential. It will be the responsibility of the parent/legal guardian to notify the participant's coach and league/event officials if any information needs to be added, deleted, changed, or updated in any way.

	A	THLETE IN	IFORMATIC	)N	<u> </u>
Athlete's Name:		Nick Nan	ne:		Phone: ( )
Address:		City:			State: Zip:
	PARENT	OR GUAR	DIAN INFO	RMATION	
Father's Name:					
Address:		City:			State: Zip:
Hm Phone: ( )	Daytime Pho	ne: ( )	9	Email:	
Employer:					
Mother's Name:					
Address:		City:			State: Zip:
Hm Phone: ( )	Daytime Pho			Email:	
Employer:			.,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	,	
Guardian's Name:					
Address:		City:			State: Zip:
Hm Phone: ( )	Daytime Pho			Email:	Ctato: 2.p.
Employer:		,			
	FAM	ILY MEDIC	AL INSURA	ANCE	
Carrier:			Group:		
Policy #:			Group #:		
Policy Holder Name:			HEXT.		
Family Physician's Name:					
Dr's Address:		City:			State: Zip:
Phone: ( )	Fax: (	)		mail:	
	EMERGE	NCY MED	ICAL INFOR	RMATION	
Preferred Hospital(s):					
EMERGENCY CONTACT:			Phone:		Relationship:
Please list any medical conditionabove. Please list any other infornote if no information is given and	mation you may	deem rele	vant, and he	elpful to em	nergency medical personnel: (please
Allergies:					
Medical Conditions:					
Other:					
*I as evidenced below hereby gevent(s), including but not limited of any and all medical treatment which my child/ward is afflicted. I given in advance to avoid any un	Hudson \ to, athletic, soc necessary to sta understand tha	Valley Admial and/or for abilize and on this authors.	irals and, Ar undraising a or treat any orization is g	nerican You ctivities. I fo medical co iven prior to	o the need for medical care, but

\*Print Parent/Legal Guardian Name

professional may deem advisable in the exercise of their best judgment.

\*Signature Parent/Legal Guardian

\*Date

The original Emergency Medical Treatment, Consent and Information form should travel with the coach and a copy should be kept at the administrative office of the sports organization. Due to privacy concerns, completed forms should be stored in a secure location with access restricted to those on a need to know basis for the purpose of medical care.



## **Medical Clearance Form**





## Medical Clearance Form - Must be dated after January 1st of the Current Season

, as evidenced by my name and signature below, do certify that I am a State Licensed Medical Examiner in the state of $\underbrace{NY}$ and am qualified in determining that:					
(Childs Name:)is ohysically fit and I have found no medical or observable conditions which would contra-indicate his/her from participating in youth flag football, tackle football, cheer, dance, step or athletic activities.					
am therefore clearing this individual for athletic participation.  Please Print - or - Use Office Stamp Here:					
Signature:	Print Name Clearly:				
Date: / / ( Must be dated after January 1st, of the Current Season )	Office Address:				

PLEASE NOTE: If this Medical Clearance is voided by injury, accident, or illness, it will be the responsibility of the Parent/Legal Guardian to notify the participants Coach and League Officials. It will also be the responsibility of the Parent / Legal Guardian to obtain WRITTEN permission from his/her State Licensed Medical Examiner to resume participation. A "Doctors Resume Participation Medical Clearance Form" is available from the league or you may have the doctor supply his/her own WRITTEN Clearance as long as it is on the doctor's official stationary and includes the following statement: "(Participants Name) is physically fit and I have found no medical or observable conditions which would contra-indicate him/her from participating in youth flag football, tackle football, cheer, dance, step or athletic activities. I am therefore clearing this individual for athletic participation.

This statement must be supplied by the physician attending to the injury, accident, or illness.

This form can be modified or substituted ONLY to comply with local and/or state laws or due to medical practitioner regulations.

**NOTE:** This form as with any and all forms used by your Association should be reviewed by your local counsel for compliance with any state or local statutes. This form should be kept on file for a minimum of 7 years, longer in the event of an injury. Please confer with your local attorney for advice as to the appropriate maintenance and storage term for this and all such forms.



Image Release - Minor
ASSOCIATION NAME - Hudson Valley Admirals

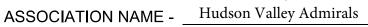


# **READ BEFORE SIGNING**

In consideration of (insert child's name)	, my minor
child/ward being allowed to participate in any way, in the American Yout	h Football, Inc. ("AYF") (dba
American Youth Football and American Youth Cheer,) national champions	ships and any other official AYF
events and activities, the undersigned agrees that American Youth Footb	all Inc., is hereby granted the
unrestricted right and permission, free from approval or review, to copyr	ight and/or use my child's/ward's
likeness in all media now or hereafter known, including but not limited to	o, pictures and videos of my child
which he/she may be included intact or in part for promotion or other co	ommercial use.
Print Name of Parent/Guardian:	
Parent/Guardian Signature:	Date:



# **Waiver and Release of Liability - Minor**





#### **READ BEFORE SIGNING**

IN CONSIDERATION OF, my child/ward, being allowed to participate in the American Youth Football	
American Youth Cheer Regional/National Championships, and or the football and or cheer programs of Hudson Valley Admirals  the Local Organization, which is a legally distinct and	
organization not operated or controlled by American Youth Football, despite its membership with American Youth Football. the undersigned acknowledges and agrees that:	oall,
The risks of injury and illness (ex: communicable diseases such as MRSA, influenza, and COVID-19) to my child from the activities involved in these programs are significant, including the potential for permanent disability and death, and whil particular rules, equipment, and personal discipline may reduce these risks, the risks of serious injury and illness do exist	
<ol> <li>FOR MYSELF, SPOUSE, AND CHILD, I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknow EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASES or others, and assume full responsibility for my child participation; and,</li> <li>I willingly agree to comply with the program's stated and customary terms and conditions for participation. If I cany unusual significant concern in my child's readiness for participation and/or in the program itself, I will remove child from the participation and bring such attention of the nearest official immediately; and,</li> <li>I myself, my spouse, my child, and on behalf of my/our heirs, assigns, personal representatives and next of kin, I RELEASE AND HOLD HARMLESS American Youth Football, Inc.; its directors, officers, officials, agents, employees volunteers, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors premises used to conduct the event ("Releasees"), WITH RESPECT TO ANY AND ALL INJURY, ILLNESS, DISABILITY DEATH, or loss or damage to person or property incident to my child's involvement or participation in these programs, EVEN THE RELEASEES OR OTHERWISE, to the fullest extent permitted I., for myself, my spouse, my child, and on behalf of my/our heirs, assigns, personal representatives and next of I HEREBY INDEMNIFY AND HOLD HARMLESS all the above Releasees from any and all liabilities incident to my involvement or participation in these programs, EVEN IF ARISING FROM THEIR NEGLIGENCE, to the fullest extent permitted by law.</li> <li>I, the parent/guardian, assert that I have explained to my child/ward: the risks of the activity, his/her responsibility for adhering to the rules and regulations, and that my child/ward understands this agreement.</li> </ol>	d's  bbserve ve my  HEREBY  of  grams, by law. kin,
I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.	-
Print Name of Parent/Guardian:	-
Parent/Guardian Signature: Date Signed:	_
<u>UNDERSTANDING OF RISK</u> I understand the seriousness of the risks involved in participating in this program, my personal responsibilities for adhering to rules and regulation, and accept them as a participant.	
Print Name of Participant:	

Participant's Signature: \_\_\_\_\_ Date Signed: \_\_\_\_\_



# Mild Traumatic Brain Injury (MTBI) / Concussion Statement and Acknowledgement Form



I, \_\_\_\_\_\_\_ (athlete), have chosen to participate in an a sport where injuries may occur and I do understand that it is my responsibility to report all of my injuries and illnesses or suspected injuries and illnesses to the organization's staff, including but not limited to: coaches, team physicians, and athletic training staff. I further understand and recognize that my health and safety is the most important thing and without disclosing all injuries and or illnesses, it can not be properly determined if you are in the physical condition necessary to participate. I understand that I must provide a full and accurate medical history including any symptoms, health complaints and any prior injuries and/or disabilities I have experienced before, during or after athletic activities.

## By signing below, I acknowledge:

- My organization has provided me with specific educational materials including the CDC Concussion fact sheet (<a href="http://www.cdc.gov/concussion">http://www.cdc.gov/concussion</a>) on what a concussion is and has given me an opportunity to ask questions.
- I ACKNOWLEDGE THAT I HAVE READ THE FACT SHEET on the CDC website for Parents and Players.
- I have fully disclosed to the staff any prior medical conditions and will also disclose any future conditions.
- There is a possibility that participation in my sport may result in a head injury and/or concussion. In rare cases, these concussions can cause permanent brain damage, and even death.
- A concussion is a brain injury, which I am responsible for reporting to the team physician, athletic trainer, coach, parent volunteer, or official.
- A concussion can affect my ability to perform everyday activities, and affect my reaction time, balance, sleep, and classroom performance.
- Some of the symptoms of concussion may be noticed right away while other symptoms can show up hours or days after the injury.
- If I suspect a teammate has a concussion, I am responsible for reporting the injury to the staff.
- I will not return to play in a game or practice if I have received a blow to the head or body that results in concussion related symptoms.
- I will not return to play in a game or practice until my symptoms have resolved AND I have written clearance to do so by a qualified healthcare professional.
- Following concussion the brain needs time to heal and you are much more likely to have a repeat concussion or further damage if you return to play before your symptoms resolve.

Based on the incidence of concussion as published by the CDC football and cheer, among other sports, have been identified as high risk for concussion.

I represent and certify that I and my parent/guardian have read the entirety of this document and fully understand the contents, consequences and implications of signing this document and agree to be bound by this document.

Student Athlete's Name:		
Student Athlete's Signature:	Date:	
Parent/Legal Guardian Name:		
Parent/Legal Guardian Signature:	Date:	

# 2022 - AYF Code of Conduct Form

Hudson Valley Admirals Youth Football and Cheer (HVA) will not tolerate verbal abuse of its volunteer coaches from any Fan, Parent or Spectator.

This is American Youth Football, not the pros. Fans, as well as the players and coaches, are expected to abide by a code of conduct at all American Youth Football Events. While 99% of the adults in the program will abide by this code without being told, this code is being published to protect the children and volunteers (which includes all coaches and board members) from the 1%.

## **FANS' CODE OF CONDUCT**

Fans will abide by a Code of Conduct which includes the provisions which follow. If any of these rules are broken, **HVA** shall have the authority to impose a penalty.

#### Fans shall:

- 1. Not criticize the players/cheerleaders or coaches in front of the other spectators in the stands, but reserve constructive criticism for later, in private.
- 2. Accept decisions of the game officials (including referees and coaches) on the field as being fair and called to the best ability of said officials.
- 3. Not criticize an opposing team, its players, coaches, or fans by work of mouth or by gesture.
- 4. Refrain from using physical or verbal abuse or profane language at any time at the game, practice field, or other AYF functions.
- 5. Abstain from being under the influence of or in possession of and/or drinking alcoholic beverages and the possession or use of any illegal substance on both the game and practice fields.
- 6. Not be allowed on the sidelines during a game.
- 7. Not interfere/interrupt the coaching staff before, during or after games or at practice.
- 8. Not express complaints about coaches in stands or to coaches in front of or around the children (i.e. right after a game or practice).

### **VIOLATION**

Any parent or fan who violates the code of conduct risks the further participation of the child in the program. The procedure is as follows:

- 1. Any fan who violates the code of conduct or becomes a nuisance will be asked to leave by the head coach and can be suspended from all team activities.
- 2. If the fan fails to leave upon request, the child may be suspended from further participation in team activities by the head coach.
- 3. The head coach along with the executive board will decide if the duration of the suspension is to be longer than one to four weeks or if the child will be dropped from the program. That decision will depend on the attitude of the parents.
- 4. Any parent or fan who violates the code of conduct risks the future participation of his/her children in the program. Depending on the severity of the incident the board of directors may decide to ban future participation in the program for up to three years.

#### **CONDUCT OF ALL PLAYERS - PARENTS**

All players are guaranteed 6 plays in each Jamboree, Regular Season or Playoff game. Everything beyond that must be earned in the opinion of the coaching staff whose decisions are final.

#### Athlete's Code

*I will:* emphasis the ideals of sportsmanship, ethical conduct and fair play. Show courtesy to my opponents and officials. Recognize athletic contests are serious educational endeavors. Give complete allegiance to my coaches who are the instructional authority for my team. Discourage fans, fellow players and parents from undercutting my coach's authority.

*I will not:* Use profanity or talk "trash" before, during or after any game. Use drugs, alcohol, or tobacco. Criticize my teammates. Act in any way that may incite spectators.

## Parent's Code

*I will:* Support my child's team/squad and teach the value of commitment to the team/squad - emphasis the ideals of sportsmanship, ethical conduct and fair play. Help my child and American Youth Football make athletic contests a positive educational experiences. Show courtesy to opponents and officials. Direct constructive criticism of my child's athletic program to the athletic director or association officials and work toward a positive result for all concerned.

*I will not*: Criticize officials, direct abuse or profane language toward them, or otherwise subvert their authority. Undermine, in work or deed, the authority of the coach or administration. Intrude onto the field, stand on the sideline, or yell from the bleachers at or to the coaches, referees or administration.

	Please cut along	g this line, sign and	d return to the h	ead coach	
I have read the FAN'S CO	<b>DE OF CONDUCT</b> and un	derstand what is e	expected.		
Child's Name (PRINT)	Team Name	Date			
D (DDIVIT)	D				

Parents Name (PRINT) Parents Signature